

TOP TIPS



TO GET YOU THROUGH HIGH SCHOOL

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1. Immerse yourself in school life

Five years is a long time to spend in one place! It's really easy to get weighed down by knowing that, and once you get too far into thinking about your ties to school, you'll start to lose motivation.

So I say, make the most of it! Make the most of every single moment there. See the thing is, at high school, you are constantly surrounded by many amazing things. One of these amazing things is all of the people there who may just inspire you in unknown ways. The next, is the teachers! No matter what you may think, they are there to help you, in fact, they really want to help you. Get to know them, and make the most of their experience and knowledge; you'll discover a whole lot. And then of course, there's all the opportunities - there are so many things available for you to do, no matter what you're into. Sports, academics, cultural - I'm sure you've heard it all before, but there's honestly so much out there to do, you have to try it out; you'll meet some cool people and get to try so many things. Yes, it's pretty cheesy, but embracing this will make sure you have the best possible experience.

2. Set yourself some goals

This one you've definitely heard before!

But honestly, setting goals can really take you far. You don't have to make a big elaborate plan, and you don't have to share these goals with anyone (I never did). I went about this by deciding in my head what I wanted to achieve and then figuring out the things I might need to do to get there: simple, but effective!

Once you've set them, work your hardest towards them and don't give up until you achieve them. You may be surprised, as I have been so many times, that you can achieve them, and sometimes even more...

3. Find yourself

Because there's so much variety, and so many opportunities surrounding you, high school is a great time to figure out who you are.

Find your passions - try out different subjects and find out which you like. Try different study methods and decide what works best. Be experimental in what you do and how you do it, and then you'll find out which way is the way for you. For example, in terms of studying, I've experimented with mind maps, flash cards, writing myself quizzes and answering them and with memorisation. By giving them all a go, I discovered the best way for me.

Follow through with these passions and give them your all. It'll help you immensely.